Hospital Climate Solutions

Sara Wohlford, MPH, RN



Hospitals and Health Systems in the United States...

- 42 pounds waste per patient day.
- 11,725 tons per day.
- 10 percent of the nation's energy
- World's seventh-largest producer of carbon dioxide
- Major contributor to air pollution



Engaged Leadership

Support an organization-wide sustainability initiative

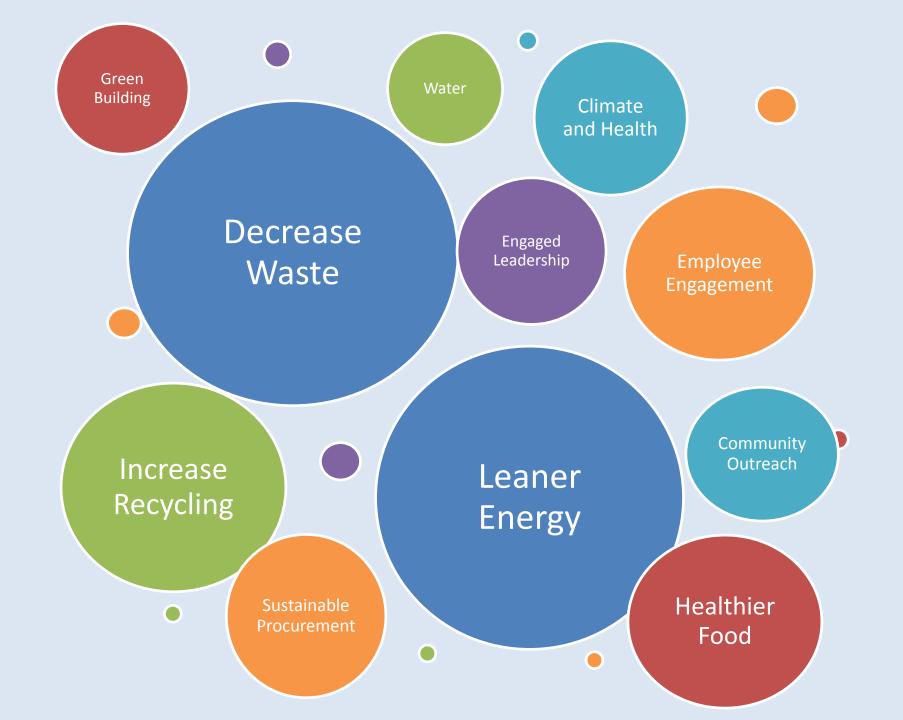




Healthier Hospitals Executive Commitment Statement

- Comprehensive environmental sustainability program
- Sustainable, measurable outcomes
- Integrating environmental sustainability into our core business strategies
- Tracking and sharing results





Less Waste

Reduce waste and increase recycling

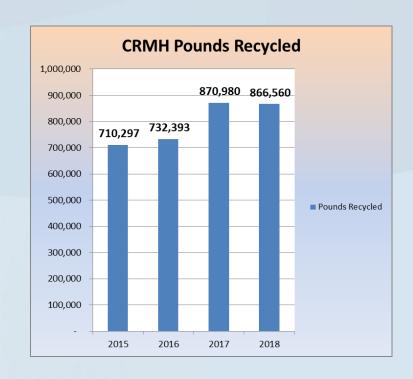




Less Waste Goals

Achieve a 20 percent recycling rate compared to total waste

























Mission Donation Program

 97,000 pounds (Over 48 Tons!) medical supplies and equipment donated since 2016



"Reduction and reuse are the most effective ways you can save natural resources, protect the environment and save money."

-United States Environmental Protection Agency



Evaluating

- Construction and Demolition Recycling and Diversion
- Soft plastics recycling



Interventional Radiology: 2 Cases



Healthier Food

Offer healthier food for staff, patients, and visitors

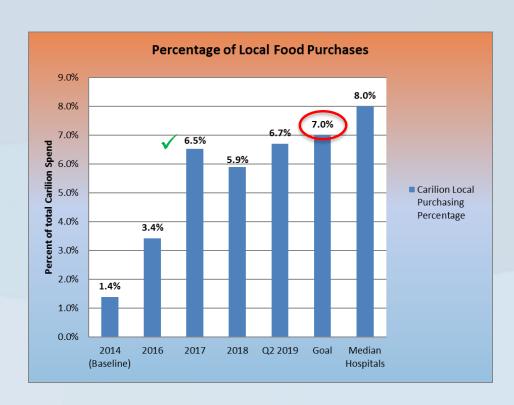




Healthier Foods

Goal

- Increase local: 7% over baseline year
 - Located within a 250-mile radius of the facility
 - 2014 (Baseline): \$58,000
 - **–** 2016: \$135,000
 - **2017: \$322,000**
 - **-** 2018: \$305,462





Healthier Foods

Goal

- Reduce/eliminate use of Styrofoam
- Ecofriendly/Compostable Serviceware purchased by D&N

- 2016: ~1%

- 2017: 33.8%

- 2018: 41%



Food Waste

American consumers, businesses, and farms spend **\$218 billion a year**, or 1.3 percent of the gross domestic product (GDP), growing, processing, transporting, and disposing of food that is **never eaten.***

It is estimated that **10 to 15 percent** of an average hospital's waste is comprised of food waste.**





Food Waste

Salads disposed:

Yearly projection: 42,912

Pounds of salads: 8,153

Milk cartons disposed:

- Yearly projection: 35,040 cartons
- Pounds of full cartons:18,571



100 salads



250 cartons





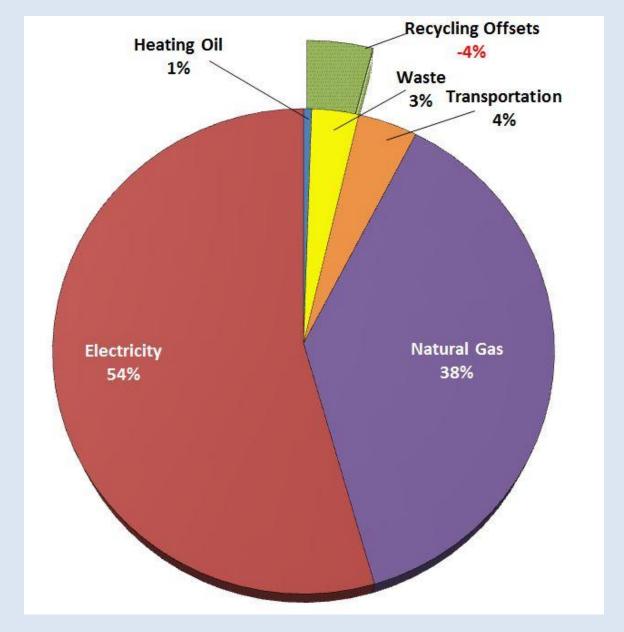


Leaner Energy

Reduce energy use and greenhouse gas emissions







Carilion Roanoke Memorial Hospital (2015): Net 45,916 tons of CO2 annual emissions





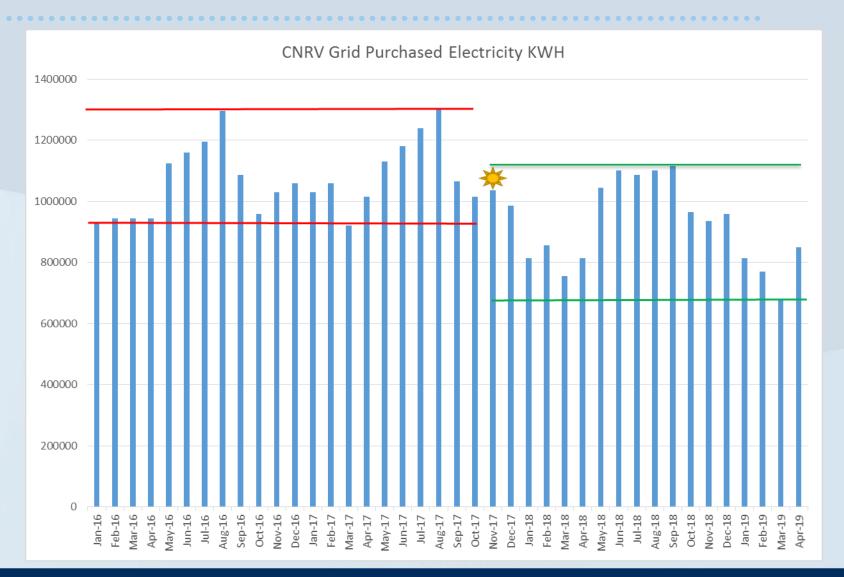
CNRV Solar Tracking Field

- 4,000 solar panels
- 5 Acres
- Generate 17% annual energy needs
- Offset 3.2 million pounds of CO2 annually





Carilion New River Valley Medical Center





Leaner Energy

LED Upgrades

- CRMH
 - ~3.84 million kWh
- CNRV ~230,000 kWh
- CGCH
- CASB ~500,000 kWh
- Garages
 - 6 Riverside
 - Crystal Spring
- Laundry
- Exterior:
 - Cancer Center

- CFM Radford
- CFMChristiansburg
- HR 3rd Street
- CFM Martinsville
- Next Interiors:
 - 3 Riverside
 - 1 Riverside
 - CFM Martinsville
 - Crystal Spring
 - ION
 - HR 3rd Street
 - Warehouse
 - Brambleton CFM

Solar Feasibility

- New Rehab
- CRMH
- Franklin Road Warehouse
- Riverside 1
- CRCH
- Highland MOB
- Crystal Springs Medical Building

Occupancy Sensors

CRMH (50 locations)



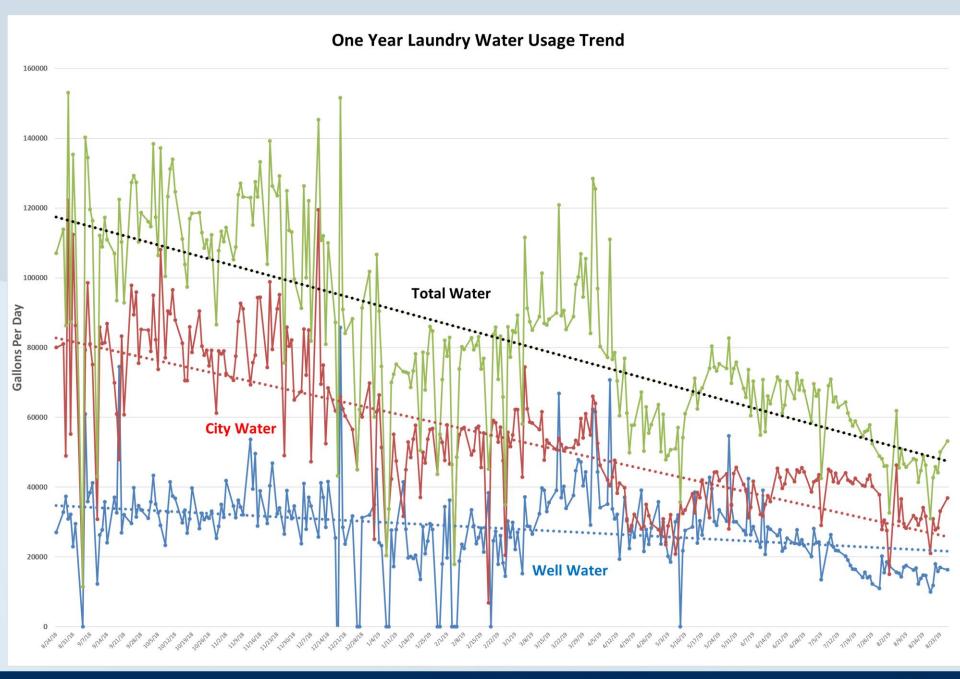
Water

Carilion Laundry Services

- New Tunnel Washer
- Decreases water utilization by 35,000 gallons per day
- Increased press capacity decreases drying times, reducing electricity and natural gas consumption









Employee Engagement







WHEN:

8:30 a.m. - 2:15 p.m. Saturday, Oct. 5, 2019

Keynote speaker is Parham Jaberi, M.D., M.P.H., chief deputy commissioner at the Virginia Department of Health

TOPICS INCLUDE:

- Causes and health effects of a changing climate
- Health practitioners' response and solutions to reduce health risks
- Changes in disease vectors and allergens

WHERE:

Carilion Roanoke Memorial Hospital Sixth Floor Auditorium 1906 Belleview Ave., SE Roanoke, VA 24014

- Impacts on vulnerable populations
- Climate science research updates from Virginia Tech and the U.S. Environmental Protection Agency
- · Clinical case presentations by Carilion physicians

REGISTRATION INFORMATION:

To register, visit: CarilionClinic.org/conferences

Deadline to register is Friday, Sept. 27. No refunds issued after Sept. 27, 2019

Carilion Clinic attendees: Registration fee is covered by Carilion Clinic

External attendees: The fee is \$15. Student attendees: The fee is \$10.

Lunch will be provided

Employee Engagement

- Supply waste reduction
- Linen Efficiency
- Pharmaceutical waste sorting and proper disposal
- Regulated medical waste sorting and proper disposal
- Basic recycling
- Battery recycling
- SCD Sleeve Reprocessing
- Pulse oximeter reprocessing
- Mission donations
- Patient education: Climate and Health
- Energy Reduction/Behavior Change
- Print Reduction Campaign





Your Role

- 1. Sustainability Champion (sewohlford@carilionclinic.org)
- 2. Clinician and Nursing Engagement
- 3. Bridging the communication gap
- 4. Empower



Questions?

EACH ONE OF US CAN MAKE A DIFFERENCE. TOGETHER WE MAKE CHANGE.

